

CRESPIN MENTAL HEALTH CLINIC

Psychiatry Consultation Referral Form

Dr. Marcelo Crespin, MD, FRCPC

Youth & adults, ages 16–59 · Edmonton in-person or virtual Alberta-wide

REFER BY FAX

1-844-888-1088

Inquiries 780-800-2377

contact@crespinmhc.ca

www.crespinmhc.ca

A referral letter or your PCN / EZPCN psychiatry form is equally acceptable. **Please include the consultation question and current medication list.** No preliminary diagnosis is required — the consultation clarifies the picture. English or Spanish.

1. PATIENT	
Last name (legal)	First name (legal)
Preferred name / pronouns	Date of birth (dd-Mon-yyyy) · age 16–59
PHN / ULI	Phone
Email address (required — for intake materials)	Preferred contact: ☐ Phone ☐ Email

Appointment: ☐ In-person ☐ Virtual ☐ No preference

Language: ☐ English ☐ Spanish ☐ Interpreter

Aware of referral: ☐ Patient ☐ Guardian / SDM ☐ Both

Care model explained (consult → brief follow-up → hand-back): ☐ Yes

☐ Not yet

2. REFERRING PROVIDER	
Name & credentials	Clinic / PCN
PRAC ID #	Date of referral (dd-Mon-yyyy)
Phone	Fax (for report)

3. REASON & PRIORITY	
Reason for referral (check all that apply) ☐ ADHD / neurodevelopmental ☐ Autism Spectrum Disorder ☐ Mood / bipolar-spectrum ☐ Anxiety / OCD ☐ Trauma-related / PTSD ☐ Sleep ☐ Diagnostic clarification / other	Request: ☐ Advice ☐ Consult Priority: ☐ Routine ☐ Urgent Status: ☐ Stable ☐ Worsening

Question type: ☐ New diagnostic question ☐ Confirm / clarify existing ☐ Treatment optimization

Consultation question (required) — what would you like clarified or advised on?

4. CLINICAL INFORMATION	
Relevant psychiatric / medical history & current presentation	
Current & past psychiatric medications (dose, duration, response)	
Allergies / ADRs (☐ NKDA)	Substance use (current & past)

Attached: ☐ Scales (ASRS/PHQ-9/GAD-7) ☐ Reports ☐ Records ☐ Collateral ☐ Bloodwork

ADHD / ASD collateral from before age 12 or school records? ☐ Yes ☐ No ☐ Unsure

5. CONSENT & SIGNATURE		
By signing I confirm the patient consents to this referral and information sharing; is aware a valid email is used for intake; understands this is a consultation with brief follow-up where medication is started, after which prescribing and monitoring return to the referring provider; and that this referral is not for a disability, WCB, insurance, legal or IME purpose.		
Signature	Designation	Date

Scope: outpatient psychiatric consultation, youth & adults 16–59. Where a time-limited consultation is not the right fit, we suggest a suitable Alberta pathway at triage so every patient has a clear next step. English or Spanish · VAC beneficiaries welcome · LGBTQ2S+ affirming care.

Turnaround: receipt acknowledged ≤ 7 days · triage decision ≤ 14 days · written report after assessment.

Crespin Mental Health Clinic · Fax 1-844-888-1088 · www.crespinmhc.ca · Alberta Referral Directory listed

From 1 September 2026 onwards: Suite 221, 10060 Jasper Avenue NW, Edmonton, AB T5J 3R8

Until 31 August 2026: Suite 2020, Tower 1 — same building, same phone and fax.